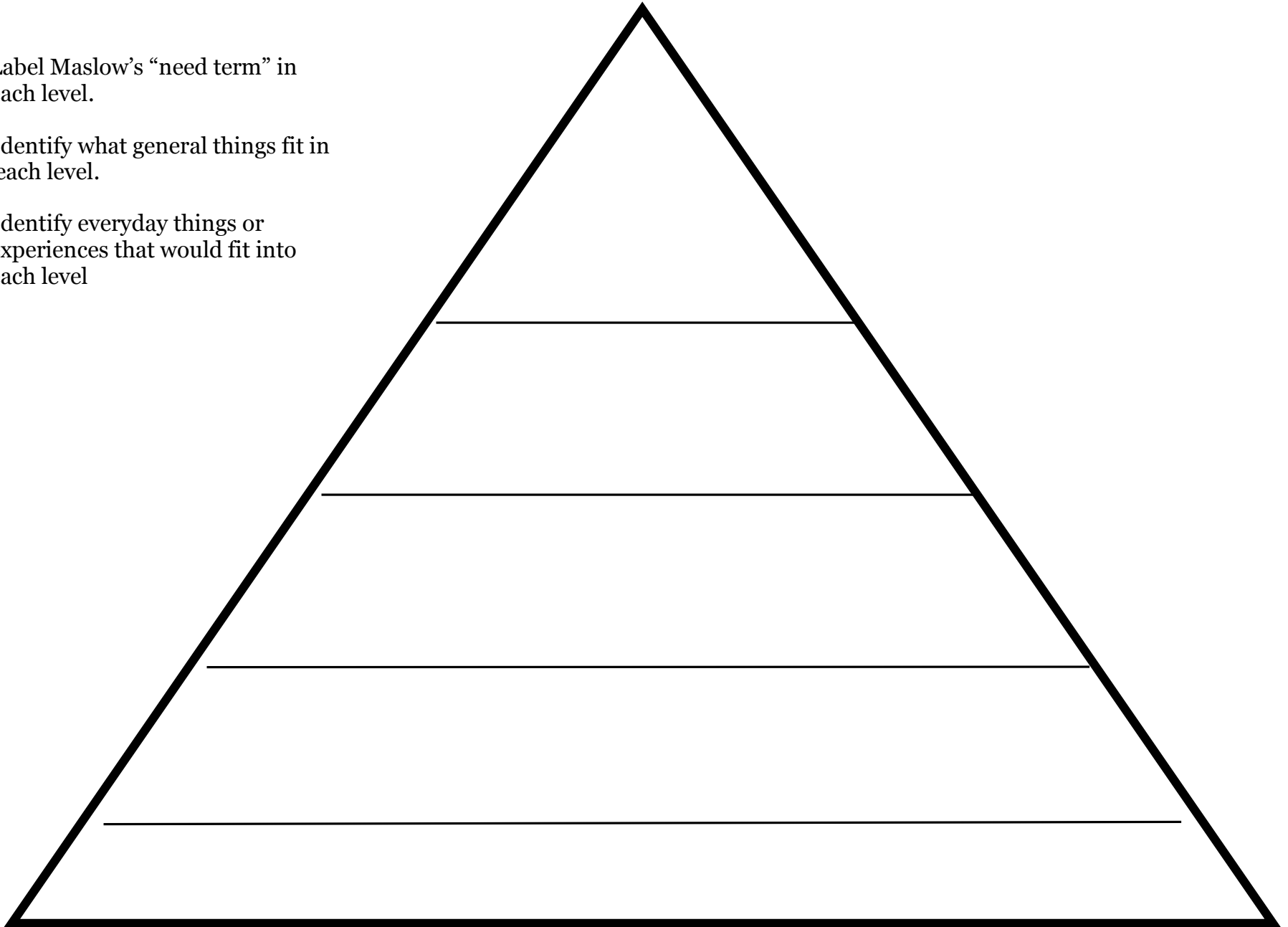


MASLOW'S HIERARCHY of NEEDS

1. Label Maslow's "need term" in each level.
2. Identify what general things fit in each level.
3. Identify everyday things or experiences that would fit into each level



MASLOW'S HIERARCHY of NEEDS

One must satisfy lower level basic needs before progressing on to meet higher level growth needs. Once these needs have been reasonably satisfied, one may be able to reach the highest level called self-actualization. Every person is capable and has the desire to move up the hierarchy toward a level of self-actualization. Unfortunately, progress is often disrupted by failure to meet lower level needs. Life experiences job may cause an individual to fluctuate between levels of the hierarchy.

Using the Maslow's Hierarchy of Needs Pyramid worksheet discuss and respond to the following:

- 1) What life experiences have you had (or know of) that help young people develop healthfully through Maslow's hierarchy?

- 2) Not all people get to have or have enough healthy experiences (like the ones you described in question 1) to help them move through the hierarchy What activities or experiences could a community provide to substitute or help fill in those gaps in each of category?
Physiological Needs:

Safety Needs:

Love and Belonging Needs:

Esteem Needs:
- 3) In regards to question 2, could the community provide activities or experience that would help fill in the gaps for all or most of those needs? Think of something ☺ and explain.